

## WHAT IS THE COST?

**\$475** (tbc)

(including \$100 for NSW College of CPE certificate)

## HOW DO I APPLY?

**Contact :** **Barbara Hall**

**Centre Director**

**Mobile:** **0418 413 731**

**Email:** **barbarahall1909@gmail.com**

or

**Carmen Karauda**

**Mobile:** **0419 430 676**

**Email:** **ckarauda@gmail.com.au**

Request an application form to be sent to you



The Southern Tablelands CPE Centre is a fully registered Centre with the NSW College of Clinical Pastoral Education (NSWCCPE) Inc.

NSWCCPE is a Member Institute of the Sydney College of Divinity and a Member Association of the Australia and New Zealand Association of Clinical Pastoral Education (ANZACPE).

CPE Supervisors are accredited through NSWCCPE and ANZACPE.

Located in the Southern Tablelands region of New South Wales we serve Goulburn and surrounding regions such as Crookwell, Yass, Braidwood and Cooma as well as extending to the Southern Highlands and the ACT.

Our Centre also currently conducts courses in the Macarthur region of south west Sydney.

The Introductory CPE program follows the guidelines set by NSWCCPE, details of which can be found in the Handbook on the NSWCCPE website: [nswccpe.edu.au](http://nswccpe.edu.au)

The course covers the Essential Capabilities required for Pastoral Visitors in NSW Hospitals in accordance with the MoU between NSW Health and the Civil Chaplaincies Advisory Committee (CCAC) NSW.

This course can also ideally be undertaken as a refresher course for those who wish to update their pastoral skills.

The Introductory CPE Course is a pre-requisite for the 400 hour Foundational Unit CPE 1.

# SOUTHERN TABLELANDS CLINICAL PASTORAL EDUCATION CENTRE



Barbara Hall  
Centre Director  
CP Educator

Carmen Karauda  
CP Educator

## INTRODUCTORY CPE COURSES 2025

## WHAT IS CLINICAL PASTORAL EDUCATION?

Clinical Pastoral Education (CPE) is a program of professional development designed to prepare a person for pastoral and spiritual care practice and/or chaplaincy ministry.

CPE provides opportunities for you to:

- Grow in knowledge and understanding of the pastoral role
- Develop skills that will enable you to offer effective pastoral and spiritual care
- Deepen your awareness of peoples needs, hopes and concerns during times of illness
- Become more aware of your own values, attitudes and assumptions
- The Introductory Course is designed to help you discern if you are suited to the role

### WHO CAN APPLY?

- Parish workers, clergy and volunteers
- Nurses /Teachers interested in holistic care
- Those seeking more effective ways to care for people's spiritual needs
- Those wishing to discern their suitability to be a pastoral or spiritual carer
- Those wishing to work in spiritual/pastoral care and chaplaincy
- Kind hearted people with a genuine care for others

## WHAT DOES THE PROGRAM INVOLVE?

- Morning Reflections
- Teaching sessions
- PowerPoint presentations
- Group work
- Role plays
- Theological and Spiritual reflection
- 40 hour program

## WHAT DOES THE PROGRAM COVER?

- Spirituality and Spiritual Care
- The scope of Pastoral Care
- Importance of Listening Skills
- Importance of Empathy
- Self-Awareness
- Introduction to Grief and Loss
- Multi-faith and multi-cultural awareness
- Introduction to Theological Reflection
- Introduction to Pastoral Encounter Review and group supervision
- Introduction to the Action/Reflection model of pastoral supervision

## COURSES PLANNED 2025

### ONLINE INTRODUCTORY COURSE

*January to February 2025*

*Comprising 6 sessions*

*Wednesdays & Thursdays*

*Jan 29 & 30; Feb 5 & 6, 12 & 13*

*Time 9 am to 3.30 pm*

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### INTRODUCTORY COURSE

*Online or face to face at Carrington Care, Camden*

*February to March 2025*

*Comprising 6 sessions*

*Tuesdays*

*Feb 4, 11, 18, 25, Mar 4, 11*

*Time: 9.30 am to 4 pm*

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