

2022 DIOCESAN LEADERSHIP

# Professional Development Program

## *Additional Workshops*



CATHOLIC DIOCESE OF  
WOLLONGONG



## 2022 ADDITIONAL PROFESSIONAL DEVELOPMENT WORKSHOPS

Due to increased interest and demand in the 2022 leadership professional development modules, resulting in the majority of opportunities reaching capacity, the Office of Professional Standards and Safeguarding has organised two additional modules to be included in the program to assist leadership in undertaking their mandatory 10 units of professional development in 2022.

**Registration is essential.** Only persons who have registered for their chosen module(s) will receive updates/communication, including the zoom link (where online). **To register, please fill out the “Diocesan Leadership Professional Development Program registration” online form at <https://www.dow.org.au/safeguarding/training-and-education/>.** If you have any difficulties in filling out the form, please contact the Office of Professional Standards and Safeguarding (OPSS) at [training@dow.org.au](mailto:training@dow.org.au), or on 4222 2430. Registration will close one week before each module date, or when a module has reached capacity, whichever occurs first. If you can no longer attend a module, please contact the OPSS at [training@dow.org.au](mailto:training@dow.org.au) as there is a limited capacity for each module and if you are unable to attend, your registration can be allocated to another person.

DATE	TIME	MODULE	PRESENTER	LOCATION	UNITS
Wednesday 12th October	9:30am - 1pm	<b>Fostering Diverse and Inclusive Communities</b>	SCARF / MCCI	Xavier Centre	5 units
Wednesday 16th November	10:30am - 2pm	<b>Managing Challenging Behaviours whilst building a Positive Workplace and Ministry Environment</b>	Deb Walker	ONLINE - Zoom	5 units

### MODULE ONE:

#### Fostering Diverse and Inclusive Communities

This workshop is co-designed and co-delivered by people from refugee and non-refugee backgrounds. This ensures it is guided by lived experience and expertise. work better together by fostering understanding of the refugee experience and equipping staff with a broad range of cultural capacity skills. This 3.5 hour workshop will provide participants insights into diverse cultures, as well as tips for better understanding their own culture and identity. It will help participants to detect and reflect on unconscious biases and stereotypes and will provide practical tips for creating inclusive communities and combating racism and discrimination with positive conversations.

#### Presenter - SCARF Refugee Support & Multicultural Communities Council of Illawarra

##### *SCARF & MCCI*

SCARF Refugee Support is a regional not-for-profit organisation which provides a range of support services to families and individuals from refugee backgrounds who have settled in the Illawarra. Founded in 2005, SCARF Refugee Support has assisted more than 1900 people from 14 different countries of origin through its various services and programs including befriending, learner driving assistance, employment support, education and homework tutoring.

SCARF are passionate about our work and well connected with the local Illawarra community. The Diversity and Inclusion team are highly experienced in delivering tailored presentations for students, teachers and local businesses, that build the capacity within organisations to enable them to work more effectively and engage meaningfully people from refugee backgrounds and diverse cultural backgrounds more broadly.

Established in 1975, MCCI delivers services to and represents the interests of people from culturally and linguistically diverse backgrounds (CALD) in the Illawarra, ACT and Queanbeyan. In 2022 SCARF was integrated into MCCI.

## MODULE TWO:

### Managing Challenging Behaviours whilst building a Positive Workplace and Ministry Environment

Employees and volunteers can present with difficult behaviours, particularly when they are resistant to change or do not want to work in accordance with the expected work/ministry practices. Having a differing perspective is important, but it is also vital that the shared objective of working together to ensure a safe and supportive environment is fulfilled. This, therefore, means identifying and addressing these challenging behaviours, which is a task in itself. In this workshop, we will explore practical strategies to assist you in doing this while at the same time supporting yourself and assisting the people you work/interact with to flourish. The session will look at sector-specific scenarios and will cover:

- Identifying exactly what is challenging and difficult about the behaviours and therefore how to address this.
- Creating healthy boundaries and expectations.
- How to seek solutions in building a positive workplace or ministry environment.
- How to use a coaching questioning approach to help the person explore their behaviour and the function it plays, to reduce resistance and build motivation.
- Additionally, we will explore the elements of Positive Psychology as a strategy, how this can be applied, and provide you with an understanding of the importance of letting your people flourish; in doing so we can properly support the people we work with and minister with.

#### Presenter - Deborah Walker

Trinity Psychology -Principal

Trained in the UK, Ms. Walker migrated to Australia in 1993 and is a fully registered Psychologist with over 20 years experience, working in organizational, clinical and health psychology. Ms. Walker along with her husband Noel is a director of Trinity Psychologists Pty Ltd, which was formed in 1999 and has provided psychological services to the Public, Corporate and Education sector since then. Ms. Walker is passionate about helping individuals and organisations develop resilience through real and effective wellbeing strategies, helping individuals recover from trauma, indeed flourish not just survive; understanding and preventing workplace psychological injury; developing inclusive resilient and positive workplace cultures, positive and contemporary leadership, the prevention of bullying and harassment in the workplace and is a well-known speaker on these topics around Australia. Ms Walker has a thorough understanding of Catholic Education having worked within Catholic Education since 2004 and has had a focus on assisting leaders create school cultures that develop resilient, confident and creative staff who can then flourish in the education career as well as deal with the difficulties that face all educators. Ms. Walker is a skilled mediator and is also passionate about ensuring people have a voice.

## LOCATIONS

#### ONLINE (Zoom)

Online sessions take place via Zoom. Your unique workshop link will be shared 2-3 days prior through email.

#### XAVIER CONFERENCE CENTRE

38 Harbour Street, Wollongong Wilson and Ingham Rooms (Downstairs)