

Storing in our Heart

FEAST OF THE HOLY FAMILY OF JESUS . YEAR C

GOSPEL

LUKE 2:41-52

Every year the parents of Jesus used to go to Jerusalem for the feast of the Passover. When he was twelve years old, they went up for the feast as usual. When they were on their way home after the feast, the boy Jesus stayed behind in Jerusalem without his parents knowing it. They assumed he was with the caravan, and it was only after a day's journey that they went to look for him among their relations and acquaintances. When they failed to find him they went back to Jerusalem looking for him everywhere.

Three days later, they found him in the Temple, sitting among the doctors, listening to them, and asking them questions; and all those who heard him were astounded at his intelligence and his replies. They were overcome when they saw him, and his mother said to him, 'My child, why have you done this to us? See how worried your father and I have been, looking for you.' 'Why were you looking for me?' he replied. 'Did you not know that I must be busy with my Father's affairs?' But they did not understand what he meant.

He then went down with them and came to Nazareth and lived under their authority. His mother stored up all these things in her heart. And Jesus increased in wisdom, in stature, and in favour with God and men.

A REFLECTION BY POPE FRANCIS

Today we are celebrating the Feast of the Holy Family, and the liturgy invites us to reflect on the experience of Mary, Joseph and Jesus, united by an immense love and inspired by great trust in God. Today's Gospel passage recounts the journey of the family of Nazareth to Jerusalem, for the celebration of Passover. But, on the return journey, the parents realize that their 12-yearold son is not in the caravan. After three days of searching and fear, they find him in the temple, sitting among the teachers, focused on a discussion with them. At the sight of the Son, Mary and Joseph "were astonished" and the Mother revealed their fear to him, saying: "your father and I have been looking for you anxiously"

Astonishment — they "were astonished" — and anxiety — "your father and I, anxious" — are the two elements to which I would like to call your attention: astonishment and anxiety.

In the family of Nazareth *astonishment* never waned, not even in a dramatic moment such as Jesus being lost: it is the ability to be astonished before the gradual manifestation

of the Son of God. It is the same astonishment that even strikes the teachers of the temple. "amazed at his understanding and his answers". But what is astonishment; what is it to be astonished? Being astonished and being amazed is the opposite of taking everything for granted; it is the opposite of interpreting the reality that surrounds us and historical events according to our criteria alone. A person who does this does not know what amazement is, what astonishment is. Being astonished is being open to others, understanding others' reasons: this attitude is important for mending compromised interpersonal relationships, and is also indispensable for healing open wounds in the familial environment. When there are problems in families, we take for granted that we are right and we close the door to others. Instead, it is important to think: 'What is good about this person?', and to be astonished by this 'good'. And this helps family unity. If you have problems in the family, think about the good things in the family member with whom you have problems, and be astonished by this. This will help to heal familial wounds.

The second element that I would like to grasp from the Gospel is the *anxiety* that Mary and Joseph felt when they could not find Jesus. This anxiety reveals Jesus' centrality in the Holy Family. The Virgin and her husband welcomed that Son, protected him and watched him grow in age, wisdom and grace in their midst, but above all he grew in their hearts; and, little by little, their affection for him and their understanding of him grew. This is why the family of Nazareth is holy: because it was *centred on Jesus*; all of Mary and Joseph's attention and concerns were directed toward him.

That anxiety that they experienced in the three days that Jesus was missing should also be our anxiety when we are distant from him, when we are distant from Jesus. We should feel anxious when we forget Jesus for more than three days, without praying, without reading the Gospel, without feeling the need of his presence and of his comforting friendship. And many times, days pass in which I do not remember Jesus. But this is bad, this is really bad. We should feel anxious when these things happen. Mary and Joseph searched for him and found him in the temple while he was teaching: for us too, it is especially in the house of God that we are able to encounter the divine Teacher and receive his message of salvation. In the Eucharistic celebration we have a living experience of Christ; he speaks to us; he offers us his Word; he illuminates us, lights our path, gives us his Body in the Eucharist from which we draw vigour to face everyday difficulties.

And today let us go home with these two words: astonishment and anxiety. Do I know how to be astonished, when I see the good things in others, and in this way resolve family problems? Do I feel anxious when I am distant from Jesus?

Let us pray for all the families in the world, especially those in which, for various reasons, peace and harmony are lacking. And let us entrust them to the protection of the Holy Family of Nazareth.

Reflection Questions

- Do I know how to be astonished, when I see the good things in others, or am I too guarded?
- That anxiety that Mary and Joseph experienced in the days that Jesus was missing should also be our anxiety when we are distant from him? Can you explain the difference in how you journey through life when close to as opposed to distant from God?
- His mother stored up all these things in her heart. Can you share one instance, stored in your heart, when you were amazed by God?

PRAYER

Spend some time in prayer with one another

- Conscious of what has just been shared, members briefly name/ describe their prayer needs.
- 2. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
- 3. Move to prayers of thanks and praise to God.
- 4. Pray for each others' prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
- 5. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.