

## GOSPEL

MARK 13:33-37

Jesus said to his disciples: 'Be on your guard, stay awake, because you never know when the time will come. It is like a man travelling abroad: he has gone from home, and left his servants in charge, each with his own task; and he has told the doorkeeper to stay awake. So stay awake, because you do not know when the master of the house is coming, evening, midnight, cockcrow, dawn; if he comes unexpectedly, he must not find you asleep. And what I say to you I say to all: Stay awake!'

## A REFLECTION BY POPE FRANCIS

Today we begin the journey of Advent, which will culminate in Christmas. Advent is the time we are given to welcome the Lord who comes to encounter us, and also to verify our longing for God, to look forward and prepare ourselves for Christ's return. He will return to us in the celebration of Christmas, when we will remember his historic coming in the humility of the human condition; but he enters our heart each time we are willing to receive him; and he will come again at the end of time to "judge the living and the dead". Therefore, we must always be vigilant and await the Lord with the hope of encountering him. Today's liturgy introduces us precisely to this evocative theme of vigilance and waiting.

In the Gospel Jesus exhorts us to take heed and watch, so as to be ready to welcome him at the moment of his return. He tells us: "Take heed, watch ... for you do not know when the time will come.... Watch therefore ... lest he come suddenly and find you asleep".

The person who takes heed is the one who, amid the worldly din, does not let himself be overwhelmed by distraction or superficiality, but lives in a full and conscious way, with concern first and foremost for others. With this manner we become aware of the tears and the needs of neighbours and we can also understand their human and spiritual strengths and qualities. The heedful person then also

turns toward the world, seeking to counter the indifference and cruelty in it, and taking delight in its beautiful treasures which also exist and are to be safeguarded. It is a matter of having an understanding gaze so as to recognize both the misery and poverty of individuals and of society, and to recognize the richness hidden in little everyday things, precisely there where the Lord has placed us.

The watchful person is the one who accepts the invitation to keep watch, that is, not to let himself be overpowered by the listlessness of discouragement, by the lack of hope, by disappointment; and at the same time it wards off the allure of the many vanities with which the world is brimming and for which, now and then, time and personal and familial peace is sacrificed. It is the painful experience of the people of Israel, recounted by the Prophet Isaiah: God seemed to have let his people err from his ways (cf. 63:17), but this was a result of the unfaithfulness of the people themselves (cf. 64:4b). We too often find ourselves in this situation of unfaithfulness to the call of the Lord: He shows us the good path, the way of faith, the way of love, but we seek our happiness elsewhere.

Being attentive and watchful are prerequisites so as not to continue to "err from the Lord's ways", lost in our sins and in our unfaithfulness; being attentive and being watchful are the conditions that allow God to permeate our existence, in order to restore meaning and value to it with his presence full of goodness and tenderness. May Mary Most Holy, role model for awaiting God and icon of watchfulness, lead us to her son Jesus, rekindling our love for him.

## REFLECTION QUESTIONS

- What does it look like to you to "stay awake", ready for the master to return home?
- Jesus tells us that each person has been given a task. Do you feel like you have a specific task to complete? What is it? If not, why not?

- Pope Francis warns us to not give in to distractions and superficiality in the world. Do you ever find yourself getting distracted? How do you re-focus on God?

## PRAYER

*Spend some time in prayer with one another*

1. Conscious of what has just been shared, members briefly name/ describe their prayer needs.
2. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
3. Move to prayers of thanks and praise to God.
4. Pray for each others' prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
5. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.