

OFFICE OF THE BISHOP

Xavier Centre 38 Harbour Street (PO Box 1239) Wollongong NSW 2500 Australia

T +61 2 4222 2400 F +61 2 4222 2417

www.dow.org.au

BULLETIN NOTICES

From:	Mr Jude Hennessy	Ref:	JH/hb:2020/17
Phone:	4222 2403	Email:	helen.bennett@dow.org.au
Date:	28 April 2020	For weekend:	2 – 3 May 2020

Status	Bulletin notice	Attachment(s)
NEW	This Sunday—the fourth Sunday of Easter—is "Good Shepherd Sunday" and the 57 th World Day of Prayer for Vocations . Fr Duane Fernandez, vocations director for our diocese, has provided a video message for this weekend which can be watched from Thursday evening onwards on the diocesan website at <u>dow.sh/VocationsMessage2020</u> . A written copy of the message is now available at the same link. Let us pray for each other as we seek to follow the Good Shepherd more closely in our respective vocations, and let us pray especially for those still discerning their vocation, that they may hear, and trust, the voice of Jesus calling them to fullness of life. For support in discerning whether you are called to marriage, single life, consecrated life, or ordained ministry, please contact Fr Duane at <u>vocations@dow.org.au</u>	
NEW	Pray with Pope Francis throughout May for an end to the Pandemic. Pope Francis has asked Catholics to make a special effort in May to pray the Rosary, knowing that by doing so they would be united with believers around the world asking for Mary's intercession in stopping the coronavirus pandemic. Pope Francis has written two prayers that can be recited at the end of the rosary, prayers he said he would be reciting "in spiritual union with all of you."	

	Prayer to recite at the end of the rosary O Mary, You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith. "Protectress of the Roman people", you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial. Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. Amen. We fly to your protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from every danger, O Glorious and Blessed Virgin.	
NEW	Included in the attached document are a range of online resources which families might like to utilise in nourishing their	<u>Click to download</u> <u>Nourish Your Faith</u> <u>at Home - Update</u> <u>April 23</u>
NEW	Virtual Pilgrimage Journey to Pentecost The journey to Pentecost followed by the disciples was one from fear in the upper room to boldly proclaiming the risen Lord after experiencing the Holy Spirit at Pentecost. Developed by Harvest Pilgrimages, this free pilgrimage includes short talks (15-20min) uploaded each Wednesday and Sunday featuring Australian and Internationally acclaimed speakers such as Archbishop Julian Porteous, Fr Chris Ryan, Robert Falzon and others who will guide us towards experiencing Pentecost to the fullest. To register <u>www.pentecostpilgrimage.com</u> Join one of our Diocesan Pilgrim Discussion Groups on Tuesday or Friday afternoons, 3:30pm-4:30pm. Contact Darren McDowell by Mon 4th May on <u>darren.mcdowell@dow.org.au</u> for the zoom conference link.	

NEW	Theology of the Body Institute Presents	
	Theology of the Body Virtual Conference 8-10 May 2020	
	Join over 20,000 attendees from around the world for some of the Catholic world's most sought-after speakers about St John Paul II's Theology of the Body teachings.	
	Over 72 lay men and women, priests and religious who will offer 20-minute pre-recorded video reflections that will inspire you through testimonies, catechesis and art.	
	Register Today for the Free Theology of the Body Virtual Conference Friday, 8 May 2020 - Sunday, 10 May 2020 at Register Today for the Free Theology of the Body Virtual Conference. <u>tobvirtualconference.com</u>	
Continuing	Adoration livestreamed Wednesday nights	
	The NET Team will be hosting a Holy Hour every Wednesday at 6:30pm. This will be a time set aside for Adoration of the Blessed Sacrament.	
	This will be broadcast via This will be broadcast via: Facebook: <u>https://www.facebook.com/cymdow/</u> Instagram: <u>https://www.instagram.com/wollongongnetteam/</u>	
Continuing	Coming Soon: Youth Adult Online Small Groups In the incoming weeks, the NET Team will be inviting all young adults ages 18-35 to join our Faith Circles on Zoom. Faith Circles is a weekly young adult small group that brings together people of faith whether you just started your journey or one who is open to an encounter with Jesus Christ, this is done by sharing of the Gospel and reflecting upon in it. This is a great way to build not only your faith but to build lasting friendships. To get in touch with the NET team and be part of this, simply follow the "CYMW" CYMW facebook page or by Instagram at "wollongongnetteam"	
Continuing	Diocese of Wollongong Mass Online and other Spiritual Resources During this period of time where Masses in the diocese are suspended, it is important to know that you have not been abandoned by the Church. Members of the faithful are urged to keep holy the Lord's Day by making an act of Spiritual Communion, a well-established devotional practice of uniting	

	 one's self in prayer with Christ's sacrifice when circumstances prevent one from receiving holy Communion. Starting Sunday 29 March, we will be providing Sunday Mass online available at<u>www.dow.org.au</u> and on the diocese's Facebook page <u>www.facebook.com/WollongongCatholic</u> with Bishop Brian Mascord and other priests from the diocese. Other Online Masses from Around the Diocese of Wollongong For daily Masses, parishioners throughout the Diocese are encouraged to access other home worship resources including: Tuesday, Wednesday, Thursday and Fridays 12:10pm Mass from the Cathedral House at St Francis Xavier Cathedral, Wollongong Tuesday—Sunday Masses from Our Lady Help of Christians Catholic Church, Rosemeadow Saturdays 5pm and Sundays 10am Mass from St Mary MacKillop Catholic Church, Oran Park Daily Mass at 7am from All Saints Catholic Parish, Shellharbour City Daily Masse from St John the Evangelist Catholic Parish, Shellharbour City Daily Mass from St Paul's Catholic Parish, Moss Vale Tuesday—Sundays at 8am and Saturdays at 6pm at Mary Mother of the Church Parish, Macquarie Fields (also on their Facebook page) Sunday 9:30am Mass from St Patrick's Catholic Parish, Bowral and St Michael's Catholic Parish, Mittagong. 	
Continuing	The Chosen - Great Family Viewing on the Life of Jesus. This new, crowd funded series on the life of Jesus is receiving wide acclaim around the world and is well worth a look, especially during holy week. It is a high-quality production that explores the life of Jesus through the eyes of those around Him. The easiest place to watch the whole first season for free is through a free membership on VidAngel - <u>https://www.vidangel.com/</u>	

NEW	The Diocese of Wollongong Weekly Podcast – 'The Journey' – 3 May 2020 Listen in this week for as we hear the second in the Easter Series of Gospel reflections from Fr Mike Delaney, mother Hilda Scott from the Abbey and other short talks from some of Australia's best Catholic presenters as we celebrate the Easter season in isolation. Uploaded every Friday for free download – go to www.jcr.org.au	
Continuing	Connecting Online – Simple Steps to Video Group Gatherings Zoom Video Conferencing is excellent platform for hosting small faith sharing groups as well as parish meetings, liturgies and courses. Each parish has an account which can be used for the hosting of such meetings. Click here to download the user guide.	<u>Click to download</u> <u>Zoom User Guide</u> <u>Basic Steps</u>
Continuing	Electronic parish planned giving Given that all non-essential travel has been cancelled, some parishioners who support our parish planned giving envelope program have asked how they can continue to financially support the parish. So, we respectfully encourage all parishioners to join our electronic parish planned giving program to help us ensure that we limit the financial pressure this current situation will impose on our parish. Please visit <u>https://www.dow.org.au/plannedgiving/</u> to learn of the two simple ways you can give to our parish electronically. Importantly, we are mindful that some of our parishioners will sadly be experiencing a change in their financial circumstances. Please contact the Parish Office (insert phone number/email) if you need to decrease/discontinue your planned giving contribution, but mainly to let us know how we can support you.	

Continuing	Prayer Resources for Individuals and Families During this time of social isolation, it is important that we pray and stay connected to our community. A range of online resources are available to assist with this. These include daily prayers and readings, prayer services, the Sunday Office, commentaries, homilies and reflections as well as Gospel based activities and resources to support personal and family prayer. Go to: <u>liturgyhelp.com/aus/woll/pray</u> and follow the prompts to access. Hopefully these resources will help create prayerful solidarity with our community and the whole Body of Christ.	<u>Click to download</u> <u>liturgy help</u>
Continuing	Faith Circles—free small group resource: During this period of Pandemic isolation, you are encouraged to spend time in prayer and spiritual reading and faith Circles is one way that you can do this. The weekly Faith Circles resource is available for free to download. It is easy to use and could easily be done in your household or even by skype / phone with others at this time, with its questions and prayer points. It is available to download at www.faithcircles.dow.org.au or have it sent to you each month via email subscription.	
Continuing	CAtHFAMILY CAtHFAMILY brings you a selection of activities, prayer rituals, crafts and recipes for free from their website. Don't miss CathKids <u>https://cathfamily.org/cathkids-faith-unlimited/</u> : A weekly interactive experience with a two-minute animated reflection on the Sunday reading, questions to stimulate discussion, a simple activity and prayer. Families in the diocese are encouraged to utilise these resources at home to share faith with kids. Visit www.cathfamily.org especially during this time of COVID-19 social distancing especially if children are unable to attend school.	
Continuing	We're always here, if you ever need These are challenging times for everyone and CatholicCare are here to support you and your family to navigate the uncertainty. We offer confidential online and phone counselling to support you with the frustration of managing family emotions, relationship pressures and employment changes. To find out more about CatholicCare's counselling service call us on 4254 9395 or email intakeservice@catholiccare.dow.org.au	

Continuing	Always Connected	
	While CatholicCare office is closed due to current restrictions,	
	our dedicated Client Services Officer Marion is still here to take	
	your calls and emails. Marion and the CatholicCare team are	
	working on practical and innovative new ways to support our	
	clients through COVID-19.	
	Please email or call us if you have any questions – we're here to	
	help. Phone: 4227 1122 or email	
	enquiries@catholiccare.dow.org.au	