

GOSPEL

MATTHEW 2:13-15, 19-23

After the wise men had left, the angel of the Lord appeared to Joseph in a dream and said, 'Get up, take the child and his mother with you, and escape into Egypt, and stay there until I tell you, because Herod intends to search for the child and do away with him.' So Joseph got up and, taking the child and his mother with him, left that night for Egypt, where he stayed until Herod was dead. This was to fulfil what the Lord had spoken through the prophet: I called my son out of Egypt.

After Herod's death, the angel of the Lord appeared in a dream to Joseph in Egypt and said, 'Get up, take the child and his mother with you and go back to the land of Israel, for those who wanted to kill the child are dead'. So Joseph got up and, taking the child and his mother with him, went back to the land of Israel. But when he learnt that Archelaus had succeeded his father Herod as ruler of Judaea he was afraid to go there, and being warned in a dream he left for the region of Galilee. There he settled in a town called Nazareth. In this way the words spoken through the prophets were to be fulfilled: He will be called a Nazarene.

The Gospel of the Lord.

A REFLECTION BY POPE FRANCIS

On this first Sunday after Christmas, the Liturgy invites us to celebrate the Feast of the Holy Family of Nazareth. Indeed, every nativity scene shows us Jesus together with Our Lady and St Joseph in the grotto of Bethlehem. God wanted to be born into a human family, he wanted to have a mother and father like us.

And today the Gospel presents the Holy Family to us on the sorrowful road of exile, seeking refuge in Egypt. Joseph, Mary and Jesus experienced the tragic fate of refugees, which is marked by fear, uncertainty and unease. Unfortunately, in our own time, millions of families can identify with this sad reality. Almost every day the television and papers carry news of refugees fleeing from hunger, war and other grave dangers, in search of security and a dignified life for themselves and for their families.

In distant lands, even when they find work, refugees and immigrants do not always find a true welcome, respect and appreciation for the values they bring. Their legitimate expectations collide with complex and difficult situations which at times seem insurmountable. Therefore, as we fix our gaze on the Holy Family of Nazareth as they were forced to become refugees, let us think of the tragedy of those migrants and refugees who are victims of rejection and exploitation, who are victims of human trafficking and of slave labour. But let us also think of the other "exiles": I would call them "hidden exiles", those exiles who can be found within their own families: the elderly for example who are sometimes treated as a burdensome presence. I often think that a good indicator for knowing how a family is doing is seeing how their children and elderly are treated.

Jesus wanted to belong to a family who experienced these hardships, so that no one would feel excluded from the loving closeness of God. The flight into Egypt caused by Herod's threat shows us that God is present where man is in danger, where man is suffering, where he is fleeing, where he experiences rejection and abandonment; but God is also present where man dreams, where he hopes to return in freedom to his homeland and plans and chooses life for his family and dignity for himself and his loved ones.

Today our gaze on the Holy Family lets us also be drawn into the simplicity of the life they led in Nazareth. It is an example that does our families great good, helping them increasingly to become communities of love and reconciliation, in which tenderness, mutual help, and mutual forgiveness is experienced. Let us remember the three key words for living in peace and joy in the family: "may I", "thank you" and "sorry". In our family, when we are not intrusive and ask "may I", in our family when we are not selfish and learn to say "thank you", and when in a family one realizes he has done something wrong and knows how to say "sorry", in that family there is peace and joy. Let us remember these three words. Can we repeat them all together: may I, thank

you, sorry. (Everyone: may I, thank you, sorry!) I would also like to encourage families to become aware of the importance they have in the Church and in society. The proclamation of the Gospel, in fact, first passes through the family to reach the various spheres of daily life.

Let us fervently call upon Mary Most Holy, the Mother of Jesus and our Mother, and St Joseph her spouse. Let us ask them to enlighten, comfort and guide every family in the world, so that they may fulfil with dignity and peace the mission which God has entrusted to them.

REFLECTION QUESTIONS

1. When have you ever felt 'exiled' or 'separated'?
2. Jesus' presence does not spare us from difficulties, he and his family experienced such occurrences – his presence reassures us with hope that God will always be with us. In what ways has this been true in your life?
3. These past two Sunday's have been filled with God's active guidance – how do you experience and know this guidance in your life?

PRAYER

Spend some time in prayer with one another

1. Conscious of what has just been shared, members briefly name/ describe their prayer needs.
2. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
3. Move to prayers of thanks and praise to God.
4. Pray for each others' prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
5. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.