

GOSPEL

JOHN 16:12-15

Jesus said to his disciples: 'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord.

REFLECTION QUESTIONS

1. How does Jesus describe the work of the Holy Spirit in this reading?
2. How do you allow yourself to be lead by the Holy Spirit in your life?
3. A good parent understands there are some things that their children are not ready for, or that are 'too much for you now'. Are there things God has revealed to you more fully in recent years, that you couldn't have grasped earlier in your life?

A REFLECTION BY POPE FRANCIS

Today, the Feast of the Holy Trinity, the Gospel of St John gives us part of the long farewell discourse pronounced by Jesus shortly before his Passion. In this discourse, he explains to the disciples the deepest truths about himself, and thus he outlines the relationship between Jesus, the Father and the Holy Spirit. Jesus knows that the fulfillment of the Father's plan is approaching and will be completed with his death and resurrection. Because of this he wants to assure his followers that he won't abandon them, because his mission will be prolonged by the Holy Spirit. It will be the Holy Spirit who continues the mission of Jesus, that is, guide the Church forward.

Jesus reveals what this mission is. In the first place, the Spirit guides us to understand the many things that Jesus himself still had to say. This doesn't refer to new or special doctrines, but to a full understanding of all that the Son has heard from the Father and has made known to the disciples. The Spirit guides us in new existential situations with a gaze fixed on Jesus and at the same time, open to events and to the future. He helps us to walk in history, firmly rooted in the Gospel and with dynamic fidelity to our traditions and customs.

But the mystery of the Trinity also speaks to us of ourselves, of our relationship with the Father, the Son and the Holy Spirit. In fact, through baptism, the Holy Spirit has placed us in the heart and the very life of God, who is a communion of love. God is a "family" of three Persons who love each other so much as to form a single whole. This "divine family" is not closed in on itself, but is open. It communicates itself in creation and in history and has entered into the world of men to call everyone to form part of it. The trinitarian horizon of communion surrounds all of us and stimulates us to live in love and fraternal sharing, certain that where there is love, there is God.

Our being created in the image and likeness of God-Communion calls us to understand ourselves as beings-in-relation and to live interpersonal relations in solidarity and mutual love.

Such relationships play out, above all, in the sphere of our ecclesial communities, so that the image of the Church as icon of the Trinity is ever clearer. But also in every social relationship, from the family to friendships, to the work environment: they are all concrete occasions offered to us in order to build relationships that are increasingly humanly rich, capable of reciprocal respect and disinterested love.

The Feast of the Most Holy Trinity invites us to commit ourselves in daily events to being leaven of communion, consolation and mercy. In this mission, we are sustained by the strength that the Holy Spirit gives us: he takes care of the flesh of humanity, wounded by injustice, oppression, hate and avarice.

The Virgin Mary, in her humility, welcomed the Father's will and conceived the Son by the Holy Spirit. May she, Mirror of the Trinity, help us to strengthen our faith in the trinitarian mystery and to translate it in to action with choices and attitudes of love and unity.

REFLECTION QUESTION

- What has struck you from this reflection by the Holy Father?

PRAYER

Spend some time in prayer with one another

1. Conscious of what has just been shared, members briefly name/ describe their prayer needs.
2. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
3. Move to prayers of thanks and praise to God
4. Pray for each others' prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
5. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.