

Take Up your Cross

24TH SUNDAY IN ORDINARY TIME · YEAR B

1. Gather & Share Food / Drink

25 MINS

2. Worship Music 10 MINS

3. Read the Sunday Gospel 5 MINS

MARK 8:27-35

Jesus and his disciples left for the villages round Caesarea Philippi. On the way he put this question to his disciples, 'Who do people say I am?' And they told him. 'John the Baptist,' they said, 'others Elijah; others again, one of the prophets.' 'But you,' he asked, 'who do you say I am?' Peter spoke up and said to him, 'You are the Christ.' And he gave them strict orders not to tell anyone about him.

And he began to teach them that the Son of Man was destined to suffer grievously, to be rejected by the elders and the chief priests and the scribes, and to be put to death, and after three days to rise again; and he said all this quite openly. Then, taking him aside, Peter started to remonstrate with him. But, turning and seeing his disciples, he rebuked Peter and said to him, 'Get behind me, Satan! Because the way you think is not God's way but man's.'

He called the people and his disciples to him and said, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake, and for the sake of the gospel, will save it.'

4. Personal Sharing based on the Gospel

5-10 MINS

In the weeks before meeting today, a member of the group was invited to prepare a short, 5-10 minute sharing on how this Gospel reading connects with their life and relationship with Jesus. They have considered the questions below in the process of preparing their sharing:

- a. Jesus calls us to take up our cross and follow him. In your life, what has this meant for you? Has following Jesus cost you anything? What fruit have you seen in your life by following Jesus?
- b. When Jesus asks his Apostles, "Who do you say I am?" Peter replies, "You are the Christ". Who is Jesus in your life? What does it mean for you to be in relationship with Jesus?

6. Prayer in **Small Groups**

15 MINS

Remain in your smaller discussion groups for a time of prayer.

- a. Conscious of what has just been shared, briefly name/ describe your prayer needs.
- b. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
- c. Move to prayers of thanks and praise to God
- d. Pray for each other's prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
- e. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.

5. Smaller Group Discussion

20 MINS

Break into smaller sharing groups of 3-5 people and discuss the following questions.

- a. What really struck you from the personal sharing? Have you had a similar experience?
- b. Respond to the sharing prompts in section 4, to break open the Gospel.
- c. What has been one high point and one challenge in your faith Journey since we last met?

7. Closing Prayer

After you have had time to pray for one another in your smaller groups, a leader closes the evening with a final prayer in the large group.