

1. Gather & Share Food / Drink 25 MINS

2. Worship Music 10 MINS

3. Read the Sunday Gospel 5 MINS

MARK 7:31-37

Returning from the district of Tyre, Jesus went by way of Sidon towards the Sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man's ears and touched his tongue with spittle.

Then looking up to heaven he sighed; and he said to him, 'Ephphatha,' that is, 'Be opened.' And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. 'He has done all things well,' they said 'he makes the deaf hear and the dumb speak.'

4. Personal Sharing based on the Gospel 5-10 MINS

In the weeks before meeting today, a member of the group was invited to prepare a short, 5-10 minute sharing on how this Gospel reading connects with their life and relationship with Jesus. They have considered the questions below in the process of preparing their sharing:

- When Jesus says 'Ephphatha,' that is, 'be opened' it is very confronting. Have you experienced feeling like you've purposely closed yourself off to God or to other people because of hurt or pain in your life and then risked being open? What happened?
- Jesus opens the deaf man's ears before giving him the ability to speak. How do you listen to God? How do you speak to God? Has this changed how you interact with other people?

5. Smaller Group Discussion 20 MINS

Break into smaller sharing groups of 3-5 people and discuss the following questions.

- What really struck you from the personal sharing? Have you had a similar experience?
- Respond to the sharing prompts in section 4, to break open the Gospel.
- What has been one high point and one challenge in your faith Journey since we last met?

6. Prayer in Small Groups 15 MINS

Remain in your smaller discussion groups for a time of prayer.

- Conscious of what has just been shared, briefly name/describe your prayer needs.
- Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
- Move to prayers of thanks and praise to God
- Pray for each other's prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
- Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.

7. Closing Prayer 5 MINS

After you have had time to pray for one another in your smaller groups, a leader closes the evening with a final prayer in the large group.