

## 1. Gather & Share Food / Drink 25 MINS

## 2. Worship Music 10 MINS

## 3. Read the Sunday Gospel 5 MINS

### JOHN 6:24-35

Jesus said to the crowd: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

## 4. Personal Sharing based on the Gospel 5-10 MINS

In the weeks before meeting today, a member of the group was invited to prepare a short, 5-10 minute sharing on how this Gospel reading connects with their life and relationship with Jesus. They have considered the questions below in the process of preparing their sharing:

- a. In sharing part of your story tonight, can you highlight a time in your life where you were empty, hungry for God and what that felt like? Describe how God filled you, what God gave you and how this helped you to grow in faith, to believe more deeply in Gods love and plan for your life.
- b. In this reading we are told that working for God means believing in God and that if we believe in him, we will never thirst? That sounds too simple at first. What does believing in God mean to you? What does belief in God cause you to do? We hear that if we come to Jesus we will never be hungry. How do you come to God in the things you do as a disciple and how does that connection with God, take away your hunger / fill you up?

## 5. Smaller Group Discussion 20 MINS

Break into smaller sharing groups of 3-5 people and discuss the following questions.

- a. What really struck you from the personal sharing? Have you had a similar experience?
- b. Respond to the sharing prompts in section 4, to break open the Gospel.
- c. What has been one high point and one challenge in your faith Journey since we last met?

## 6. Prayer in Small Groups 15 MINS

Remain in your smaller discussion groups for a time of prayer.

- a. Conscious of what has just been shared, briefly name/describe your prayer needs.
- b. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
- c. Move to prayers of thanks and praise to God
- d. Pray for each other's prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
- e. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.

## 7. Closing Prayer 5 MINS

After you have had time to pray for one another in your smaller groups, a leader closes the evening with a final prayer in the large group.