Seeds and Fruit

11TH SUNDAY IN ORDINARY TIME · YEAR B



1. Gather & Share Food / Drink

25 MINS

2. Worship Music 10 MINS

3. Read the Sunday Gospel 5 MINS

MARK 4:26-34

Jesus said to the crowd, 'This is what the kingdom of God is like. A man throws seed on the land. Night and day, while he sleeps, when he is awake, the seed is sprouting and growing; how, he does not know. Of its own accord the land produces first the shoot, then the ear, then the full grain in the ear. And when the crop is ready, he loses no time; he starts to reap because the harvest has come.'

He also said, 'What can we say the kingdom of God is like? What parable can we find for it? It is like a mustard seed which at the time of its sowing in the soil is the smallest of all the seeds on earth; yet once it is sown it grows into the biggest shrub of them all and puts out big branches so that the birds of the air can shelter in its shade.'

Using many parables like these, he spoke the word to them, so far as they were capable of understanding it. He would not speak to them except in parables, but he explained everything in private to his disciples.

4. Personal Sharing based on the Gospel

5-10 MINS

In the weeks before meeting today, a member of the group was invited to prepare a short, 5-10 minute sharing on how this Gospel reading connects with their life and relationship with Jesus. They have considered the questions below in the process of preparing their sharing:

- a. As a disciple of Jesus, following in his footsteps, learning from him and seeking to grow, we hope to bear fruit as Christians. In your journey, what have you put in place to help you grow? What fruit have you seen as a result?
- b. Jesus says the Kingdom of God is like a mustard seed, one of the smallest seeds, but grows into one of the biggest shrubs of all. Have you had an experience of sowing a little seed – perhaps helping someone or making a little change in your life – that has had a large result? What happened?

6. Prayer in **Small Groups**

15 MINS

Remain in your smaller discussion groups for a time of prayer.

- a. Conscious of what has just been shared, briefly name/ describe your prayer needs.
- b. Intentionally call on the Holy Spirit to be present (e.g. "Come Holy Spirit, please be present as we pray")
- c. Move to prayers of thanks and praise to God
- d. Pray for each other's prayer needs. Where appropriate, you may like to encourage the group to place a hand on the shoulder of the individual that you are currently praying for.
- e. Conclude your prayer time with another prayer of praise, perhaps reciting the 'Glory Be' or similar prayer.

5. Smaller Group Discussion

20 MINS

Break into smaller sharing groups of 3-5 people and discuss the following questions.

- a. What really struck you from the personal sharing? Have you had a similar experience?
- b. Respond to the sharing prompts in section 4, to break open the Gospel.
- c. What has been one high point and one challenge in your faith Journey since we last met?

7. Closing Prayer

After you have had time to pray for one another in your smaller groups, a leader closes the evening with a final prayer in the large group.